

## Asian Slaw

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This colorful bowl of purple cabbage beautifies the picnic table. It is sweet, sour, salty and an easy recipe to remember: one cabbage and one cup of sauce.

- 1. Slice a purple cabbage as thinly as possible and throw into a big bowl.
- 2. Grate 3 carrots and add them to the cabbage.
- 3. Thinly slice one green and one red pepper.
- 4. Add 1/4 cup of sesame oil, 1/4 cup of tamari or soy sauce, 1/4 cup rice vinegar, 1/4cup maple.
- 5. Sprinkle with sesame seeds and mix.
- 6. Enjoy this fresh slaw at summer picnics.